



# Bon Secours Pediatric Services

2023 IMPACT REPORT

# Leadership Message

Dear Friends and Colleagues,

As the only faith-based, not-for-profit health care system in Virginia, our mission is “To extend the compassionate ministry of Jesus by improving the health and well-being of our communities and bring good help to those in need, especially people who are poor, dying and underserved.” Just as an individual child’s health is the foundation for their growth and development, the health of all the children in our community is the foundation of our collective future success and societal wellness.

Over the last two decades, we have built high quality pediatric programs that support a large population of children across our region. As we look to secure future growth and success in Richmond and beyond for decades to come, we acknowledge the importance of our programs and your support for the long-term health of our children and our community.

At Bon Secours, we provide a comprehensive option for pediatric care including both general pediatrics and specialty care including gastroenterology, endocrinology, pulmonology, neurology, surgery, palliative care and hospice, orthopedics, rheumatology, cardiology, and genetics in both outpatient and inpatient settings.

Starting at birth, Bon Secours Children’s Services is prepared to care for Richmond’s pediatric patients in four market Neonatal Intensive Care Units (NICUs), including our Level III Subspecialty NICU designated unit at St. Mary’s Hospital. This subspecialty NICU supports our obstetric and maternal fetal medicine services and enables safe delivery of preterm infants even to the cusp of life at 23 weeks gestation.

St. Mary’s Hospital also operates inpatient pediatric hospital services and a Pediatric Intensive Care Unit (PICU) making it a hub for pediatric patients from across our region. Within our 11 regional Emergency Departments, we cared for over 54,500 children in 2023. If patients need to be admitted for continuation of care, our pediatric critical care transport team ensures patients receive high-quality care throughout the trip.

In 2023, we responded to the increased need for pediatric mental health support, by opening Bon Secours’ first adolescent partial hospitalization program providing intensive daily support for patients ages 12-17. Staff will work with these patients to manage and assist in de-escalation of a mental health crisis, supporting them in their journey to wellness and avoiding emergency departments and inpatient hospitals, and allowing them family time each evening.

Thank you again for your continued support of our vital programs. We look forward to a bright future. Together, we will continue to improve the health and wellness of the children in our community.

Sincerely,



**Carl B. Rountree, MD**  
Executive Medical Director  
Women’s and Children’s Service Line  
Bon Secours Richmond



**L. Blair Bell DNP, RN, CPN, CNL**  
Director  
Women’s and Children’s Service Line  
Bon Secours Richmond

# Get to know the NICU


When a family is expecting a new baby, they imagine holding their newborn in their arms and spending time together as a new family. Unfortunately, sometimes this is not possible and infants require more support than a family can give. A Neonatal Intensive Care Unit (NICU) is designed to support infants who are not ready for the outside world.

Bon Secours Richmond operates four NICUs. The flagship site is at St. Mary's Hospital. At St. Mary's, the doctors and highly trained staff can care for infants as young as 23 weeks gestational age (four months early), infants with birth defects requiring pediatric surgery or other pediatric subspecialty support, infants requiring body cooling as a result of birth trauma and many other conditions. The Neonatal Critical Care Transport Team is also a part of the St. Mary's NICU. This is a highly specialized team which includes a physician or nurse practitioner, critical care nurse, and a respiratory therapist. This team and their mobile ICU allows infants born in hospitals both within and outside the Bon Secours system who require high levels of neonatal care to be safely transferred to St. Mary's.

In addition to St. Mary's, Bon Secours Richmond operates NICUs at Memorial Regional Medical Center, St. Francis Medical Center and Southside Medical Center. These NICUs are designed to care for newborns who are less premature or require a lower level of subspecialty support than provided at St. Mary's, but who are still too ill to remain with their families and require NICU support.

The NICUs within Bon Secours Richmond cared for over 680 infants in 2023. These babies ranged from infants with extreme prematurity who required hospitalization for greater than 100 days to infants requiring hospitalization for only a few hours. These NICUs provide state-of-the-art critical care services for the most vulnerable population and allows these babies and families to stay within their communities.

## Miracle Makers



Every year, more than 680 of our tiniest patients are admitted to our four area NICUs. Whether in Petersburg or Mechanicsville, Richmond or Midlothian, our highly skilled, compassionate team performs miracles every day. Two of our biggest blessings are twins who were born at just 23 weeks — Kasen weighed 1 pound, 2 ounces and his sister Kaliah weighed just over 14 ounces.

“There’s no competition when it comes to the bedside nurses at our NICUs,” says St. Mary’s NICU Nurse Director Chelsie Meacham. “The drive that they have, the compassion that they have. These are very special human beings to be able to do this every day.”

Kaliah went home after 16 weeks, and Kasen stayed a total of 221 days. Their favorite nurse Anna made Kaliah a graduation hat and then placed a picture of her on Kasen’s bed so he wouldn’t feel alone.

“When Kasen was released, 100 doctors and nurses lined the hallway cheering and clapping — it was like something you see in the movies,” says mother Tranika Singleton. “The care that we received down to all the specialists, they’ve been so attentive and caring. They knew what we had been through, and they were prepared for us. I’m Bon Secours forever.”



Scan code to  
hear more.



# Inpatient Pediatric Services

St. Mary's Hospital inpatient pediatric services provide care for children who require admission to the hospital. The pediatric care team is comprised of specially trained doctors, advanced practice clinicians and nurses who are committed to provide developmentally appropriate care and recognize the unique needs of patients and their families.

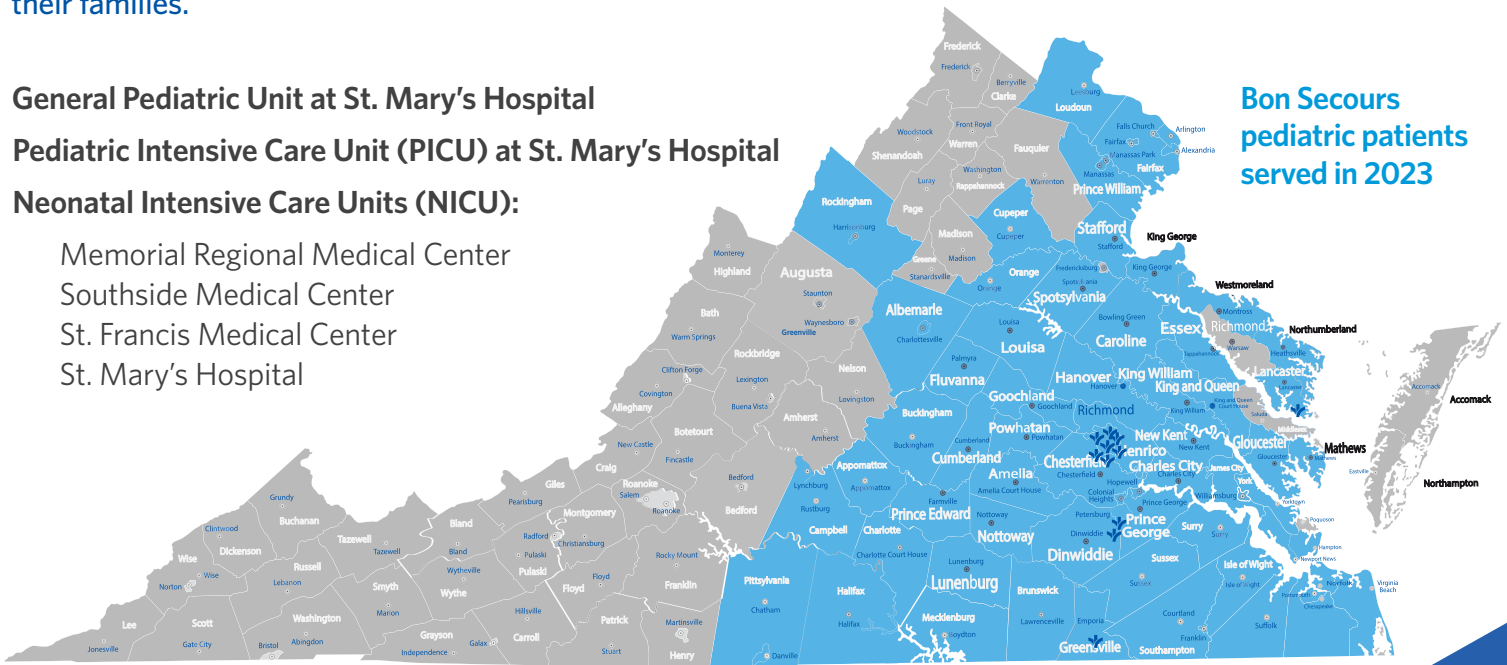
**General Pediatric Unit at St. Mary's Hospital**

**Pediatric Intensive Care Unit (PICU) at St. Mary's Hospital**

**Neonatal Intensive Care Units (NICU):**

- Memorial Regional Medical Center
- Southside Medical Center
- St. Francis Medical Center
- St. Mary's Hospital

**Bon Secours  
pediatric patients  
served in 2023**



## Emergency Departments

### Hospitals:

- Memorial Regional Medical Center
- Rappahannock General Hospital
- Richmond Community Hospital
- Southern Virginia Medical Center
- Southside Medical Center
- St. Francis Medical Center
- St. Mary's Hospital

### Freestanding:

- Chester
- Colonial Heights
- Short Pump
- West Chester

**2,100+**  
Inpatient/PICU  
admissions

**680+**  
NICU admissions

**54,500+**  
Pediatric Emergency  
Department  
visits

**Inpatient by  
the numbers  
2023**



# Outpatient Pediatric Services

Bon Secours outpatient pediatric services include primary care offices and specialty clinics focused on the health and well-being of children. With support from the interdisciplinary team, our outpatient pediatric clinics strive to prevent, detect and treat any medical problems that may arise during childhood.

Adolescent Behavioral Health  
Cleft and Craniofacial Team  
Critical Care Transport  
Developmental and Special Needs Pediatrics  
Noah's Children  
Pediatric Dentistry  
Pediatric Endocrinology and Diabetes Associates  
Pediatric Gastroenterology

Pediatric Lung Care  
Pediatric Neurology  
Pediatric Orthopedics  
Pediatric Surgery  
Primary Pediatrics  
Richmond Hope Therapy Center  
Sleep Disorders Centers

## Outpatient by the numbers 2023

10,400  
Pediatric dental  
patients

500+  
Pediatric/NICU  
transports

10,000+  
Treatment hours  
at Richmond Hope  
Therapy Center

21,800+  
Pediatric specialty  
visits

31,000+  
Primary pediatric  
visits

40,000+  
Miles covered by Noah's  
Children for home visits  
& family support

125+  
Active families cared  
for by the Cleft &  
Craniofacial Team



# The Children's Hope Gala raises over \$300,000 for Bon Secours pediatric programs and services



Every March, the Bon Secours Richmond Health Care Foundation, alongside a dedicated committee of volunteers, hosts 500+ guests at its annual Children's Hope Gala at Main Street Station. Attendees, sponsors, and auction donors support this event year after year to raise funds for Bon Secours pediatric programs and services in Richmond. These funds are raised locally and STAY local!

The event offers a silent and live auction, incredible raffles, a seated dinner, live music and dancing. Packages offered in the silent auction range from local artwork, jewelry, one-of-a-kind and culinary experiences. The live auction features international and domestic getaways and unique experiences. Additionally, there is an exciting raffle from Peebles Golf Cars.

Also featured in the live auction is a custom piece of art that is part of our Children's Art Project. School children in Richmond, Henrico, Chesterfield and Petersburg participate in a "kids helping kids" program every year. This tradition stems back to the founding of Noah's Children.

Multiple pediatric departments benefit from this annual fundraising event. Special items are funded that will greatly improve the patient experience at our Bon Secours Richmond facilities. Some examples of items range from stuffed animals with cleft lips, Disney+ and Firesticks, gaming consoles, sensory items to specialized intensive physical therapy bikes, high-tech NICU web cameras as well as mental health and bereavement counseling.



To make a gift to support a Bon Secours pediatric fund, please visit [GiveBSMH.org/Richmond](https://GiveBSMH.org/Richmond).

- Click on "Donate"
- Under "Gift Designation," select a pediatric program
- If your choice is not listed, please select "Other" and write it in

Or mail a check to:

**Bon Secours Richmond Health Care Foundation**  
5885 Bremono Road, MOB North, Suite 100  
Richmond, VA 23226

**For more information, please contact:**

Stefanie Smith  
Senior Gift Officer  
[Stefanie\\_Smith@bshsi.org](mailto:Stefanie_Smith@bshsi.org)  
703-850-9346

