

Leadership Message

Dear Friends,

Cancer touches every one of us. And at Bon Secours, we face cancer the best ways we know how — with cutting-edge treatments, advanced technologies, and complete dedication to our patients' wellness and vitality.

We offer clinical trials where new cancer treatments are discovered and used with positive outcomes. Our nationally accredited cancer services offer patients the best care every step of the way, from genetic counseling to diagnostic imaging to radiation therapy.

Our Cancer Navigator Program pairs specially trained navigators with patients and their families from the time of diagnosis through the course of treatment.

At Bon Secours, we understand that cancer may be one of the most difficult challenges a patient and their family may ever face. That's why we're dedicated to helping ease the burden of a cancer diagnosis, so our patients can focus on healing.

Gifts to the Cancer Care Funds help connect patients, families, and physicians to healing services, innovative technology, and hope that changes and saves lives.

We offer free support groups and counseling and provide complementary therapies to support a patient's mind, body, and spirit. We also offer resources that help our patients stay informed and be empowered to manage their care.

In this impact report, we'll share with you some of the amazing stories of hope, discovery, and survival that your generosity made possible. Above all, we hope you'll carry these stories with you every day as a constant reminder of not only our gratitude, but of the countless lives you've touched.

Sincerely,



William J. Irvin, Jr., MD
Medical Director and Director of Clinical Research
Bon Secours Cancer Institute



Ann S. Carpin
President
Bon Secours Richmond Foundation



Bon Secours Oncology Program Accreditations



Why I Give



Kathy and Ken Drumheller

In 2013, I lost my first husband and best friend to stomach (gastric) cancer at the young age of 45. I give to the Bon Secours Richmond Health Care Foundation so I can make a difference. I often question why I am in this position. Perhaps I am here to help advocate and identify early screening programs that are prevalent in other countries with higher stomach cancer rates? Maybe I can help bring greater awareness to the benefits of genetic testing? Or perhaps I can make a difference with young widows coping with a similar loss, therefore I give.

— **Kathy Drumheller**



To make a gift in support of patients and families navigating their cancer journey, please visit our website at <https://givebsmh.org/cause/richmond-va-cancer/> or mail gifts to:

Bon Secours Richmond Health Care Foundation
5855 Bremono Road, Suite 100, Richmond, VA 23226 | 804-287-7700



THE IMPACT OF PHILANTHROPY ON CANCER SUPPORTIVE SERVICES

2022 REPORT

Clinical Trials by the Numbers

Participants in clinical trials are the true heroes in oncology. Clinical research is key, as it is the only way that we have improved the lives of people with cancer. All our current therapies, screening tools, and improvements in patients' quality of life come from discoveries made in clinical research.

In the U.S., 80-85% of all cancer patients are treated in community hospitals. Thus, it is imperative that we provide access and opportunity for enrollment into clinical trials for patients in their own "backyard." Access to "tomorrow's therapy today" should not be just for people who are able to travel to large academic centers, but instead, that access should be reflective of the total population of the U.S.

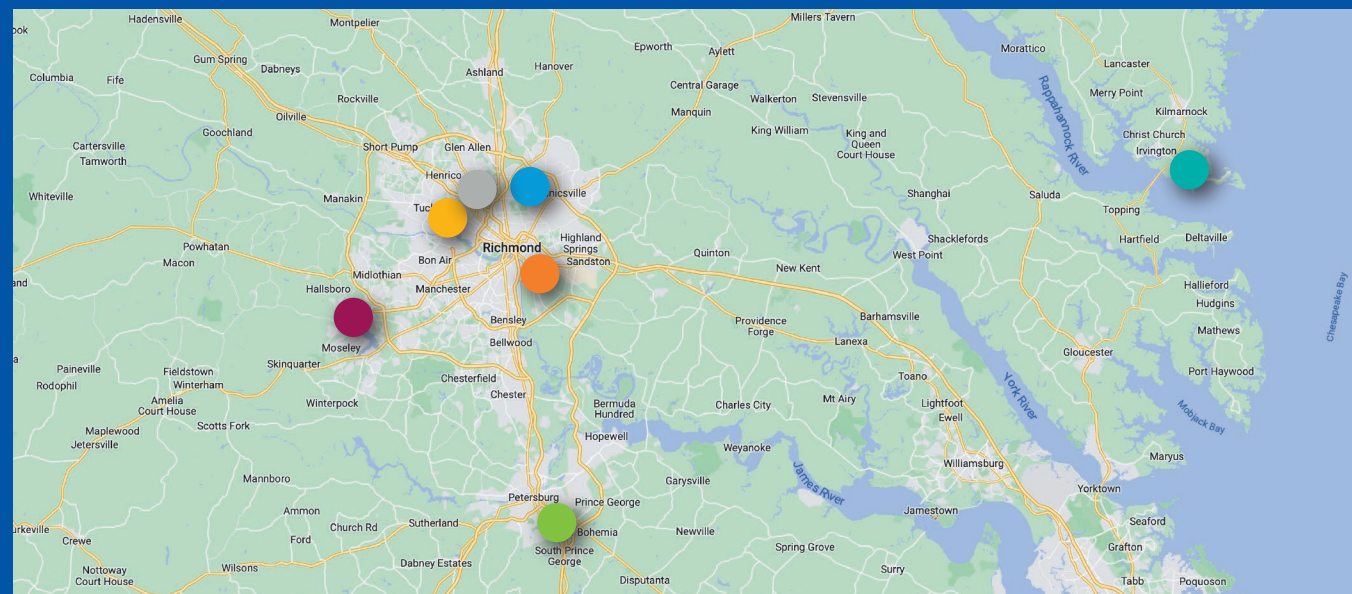
This need is the reason I left my faculty position at The University of North Carolina, Chapel Hill, now 10 years ago, for the chance to make a difference in my hometown by building a community cancer research program at Bon Secours that would provide cutting edge opportunities for participation in clinical trials for patients in the greater Richmond area.

— Dr. William Irvin

Number of patients in clinical trials:
131 in 2022 and **243** total since 1/1/22.
112 clinical trials as of May 2023

Access to care

- **St. Mary's Hospital**
Medical Oncology, Radiation Oncology, Adult and Pediatric Outpatient Infusion Center (OPIC) and Pediatric OPIC
- **St. Francis Medical Center**
Medical Oncology, Radiation Oncology and OPIC
- **Richmond Community Hospital**
Medical Oncology and OPIC
- **Southside Medical Center**
Radiation Oncology, Medical Oncology and OPIC
- **Rappahannock General Hospital**
Medical Oncology and OPIC
- **Memorial Regional Medical Center**
Medical Oncology and Hanover OPIC
- **Reynolds Crossing**
Radiation Oncology



Impact Stories

Cold Cap Therapy



Dr. Tracy Poling's breast cancer diagnosis came out of the blue. Her doctors were confident the cancer was treatable and placed her in a clinical trial with reduced amounts of chemotherapy. But she was still concerned about its effects on her health and appearance. "Losing your hair presents the appearance to the outside world that something is going on and that you're not healthy," she says. "Looking healthy was important to me."

Foundation donations provide cold cap technology to cancer patients that can help lessen hair loss from chemotherapy. Tracy says there were many reasons and blessings for cold cap technology. "As an optometrist who works with patients every day, I didn't want to have to always talk about my health," she says. "It was important to me that I could do my job and socialize normally." And keeping her hair helped her keep a positive attitude. She's grateful for the donations that gave her the tool she needed to keep her mind focused on recovery. "Being able to look at myself in the mirror and feel healthy and confident that things were going to be okay, that was really the driving force for me using the cold cap," she says. "When I saw people who knew what I was going through, they would say that I looked great or amazing or so healthy. It was the reinforcement I needed to know that I was going to be okay."



Your donations helped **83** patients receive scalp cooling therapy in 2022

Lisa McLaughlin

Primary Brain and Breast Nurse Navigator



Brandi Downing, BSN-RN

Our nurse navigators are specially trained and experienced in working with cancer patients. We meet them during their most vulnerable moments. We then advocate and work directly with the patient and their family during each phase of diagnosis and treatment. We partner closely with their providers and care team for a common goal of decreasing time to treatment, while we continue to provide education, support, and resources to eliminate stress during this difficult time.

As oncology navigators, we connect with patients soon after diagnosis to develop a lasting relationship. We are beside the patient and family, holding their hand and walking them through their journey with understanding and grace. Navigation requires compassion, selflessness, patience, and intelligence. Nurses are born to help and this job has fulfilled that purpose to its full extent.

Nurse Navigators Support Caregivers



Stephanie Davis (left), daughter of Glioblastoma patient, Martha Twiggs (right)

Martha Twiggs began her 10-week cancer journey in January 2023. Stephanie and her stepfather Jerry were Martha's caregivers. Stephanie attributes her ability to maintain hope and strength while caring for her mother to her nurse navigator Brandi Downing. There were many doctor appointments, treatments, medications, and all of it was confusing, but Brandi was a text or phone call away. Brandi is specially trained and experienced in working with cancer patients. She was there for Stephanie and Jerry during their most vulnerable moments, advocating and working directly with Martha during each phase of diagnosis and treatment. It was a lot to take in, knowing that Martha would not win her battle. Towards the end of Martha's life, Brandi delivered even more resources that finally helped the family embrace Bon Secours hospice care. On March 24, Martha passed away peacefully at home in hospice care with her family by her side. The journey was difficult, but the love and support provided by Brandi, the Cullather Center, and hospice will never be forgotten.

Cancer Resources

The Cullather Center — A Legacy of Caring



Jack Cullather

The Cullather Center is one of many resources that focuses on quality of life for cancer patients. Jack Cullather founded the Center in 2007 in honor of his son, Chris, and wife, Jean, to support brain tumor patients and their families through the complexities of care by providing complimentary services to brain cancer patients, no matter where they are being treated. In 2018, the Center expanded its reach to all Bon Secours Richmond cancer patients. Services included navigation support, advocacy, and education, in addition to therapies such as yoga, acupuncture, meditation, respite care, music and art therapy.

To provide sustainability and plan for the level of funding needed each year, a combination of endowed fund and annual contributions support the center's operational expenses, which includes the space, and resources provided to our cancer patients and their families. We are grateful for the support of our donors, who share our commitment to our mission to help cancer patients focus on their quality of life.

Cullather Center by the numbers

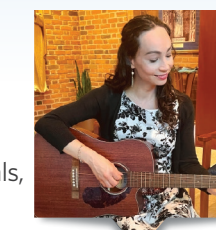


James Pellicane, MD, Breast Surgeon (left) with Oncology Breast Navigator Kathryn Childers, RN, BSN, CBCN (right)

We have **5** dedicated nurse navigators that specialize in brain, breast, colorectal, pancreatic, gynecological and lung cancers

Music Therapy

Stephanie L. Surber, MT-BC
(Music Therapist-Board Certified)



Music therapy involves trained professionals, called music therapists, supporting the health and well-being of patients by using songs to meet emotional, communicative, physical, social and spiritual needs. At Bon Secours, we are proud to have a music therapy program available to our patients in our Richmond market. The Cullather Center at St. Mary's Hospital recently referred an 80 year old patient with a terminal brain tumor for music therapy. When the Bon Secours music therapist Stephanie Surber first met with Mr. H, he spoke about the ongoing work of making peace with his mortality. He also shared his best quality of life these days came from spending time with his family, so it was not surprising that Mr. H chose to write a legacy song for his beloved family. Stephanie helped Mr. H develop his own words through self-reflection, self-expression and reminiscence, which was then transformed into a song with music. Mr. H did not identify as a singer, but after some gentle persuasion he agreed to open and close his recording singing the song's chorus. The patient's family will forever have access to Mr. H's voice, even after he passes. "Oh I hope that you all take cheer in how much I love and care for you. See my smile and my listening ear, and know that God can make all things new."

Free Breast and Cervical Screenings

Bon Secours Richmond Community Health administers the Bon Secours Every Woman's Life Program, which is a public health program through the Commonwealth of Virginia Department of Health. The program supports certain eligible uninsured and underinsured Virginians to gain access to free breast and cervical cancer screening services. Services provided by the program, at no cost to eligible patients, include a clinical breast exam, mammogram, pelvic exam, Pap test, and any diagnostics needed to reach a final diagnosis.

"Bon Secours Richmond Every Woman's Life is such an important program in our community. It provides access to free screening and diagnostic services for the early detection of breast and cervical cancer to the uninsured and low-income individuals in our community. We save lives one screening at a time!"

— **Guadalupe Molina, RN**
Supervisor, Women's Health Services; Community Health



Guadalupe Molina

In 2022-2023 program year, **1,090** women received services at no cost